

## Talk to someone about your health and wellbeing

<p><b>Beyond Blue</b> P: 1300 22 4636   W: <a href="http://beyondblue.org.au">beyondblue.org.au</a> Advice and support for people with anxiety and depression.</p>	+
<p><b>Country Health SA - Mental Health Triage Service</b> P: 13 14 65 A trained mental health clinician can be contacted via this 24-hour service to provide advice or direct people to appropriate services and support.</p>	+
<p><b>Disasters and Mental Health Support</b> W: <a href="http://sahealth.sa.gov.au/DisastersAndMentalHealthSupport">sahealth.sa.gov.au/DisastersAndMentalHealthSupport</a> Online mental health resources to help South Australian communities prepare for and recover from disasters and major incidents.</p>	i
<p><b>Head to Health</b> W: <a href="http://headtohealth.gov.au">headtohealth.gov.au</a> If you're trying to improve your own mental health, or support somebody else with mental health issues, Head to Health provides links to trusted Australian online and phone supports, resources and treatment options.</p>	i
<p><b>Ifarmwell</b> W: <a href="http://ifarmwell.com.au">ifarmwell.com.au</a> An online toolkit to help farmers cope effectively with life's challenges and get the most out of every day.</p>	i
<p><b>Kids Helpline</b> P: 1800 551 800 (24-hour service)   W: <a href="http://kidshelpline.com.au">kidshelpline.com.au</a> Anonymous and confidential telephone counselling for people aged 5 to 18 years.</p>	+
<p><b>Lifeline</b> P: 13 11 14 (24-hour service)   W: <a href="http://lifeline.org.au">lifeline.org.au</a> Lifeline also has a fantastic PDF resource called <i>Lifeline Toolkit for getting through the drought</i> available from <a href="http://pir.sa.gov.au/drought">pir.sa.gov.au/drought</a> (health and wellbeing page)</p>	+ i
<p><b>Mentally Fit Eyre Peninsula</b> E: <a href="mailto:mentallyfitep@gmail.com">mentallyfitep@gmail.com</a> Mentally Fit EP is a project run through West Coast Youth and Community Support to promote the message of mental wellness and promote service availability and promotion, in conjunction with innovative social media and IT accessibility for people across EP.</p>	+ i
<p><b>ReachOUT</b> W: <a href="http://au.reachout.com">au.reachout.com</a> ReachOUT is a web-based mental health service for young people that provides support and resources.</p>	+
<p><b>Regional Access Program</b> P: 1300 032 186   W: <a href="http://saregionalaccess.org.au">saregionalaccess.org.au</a> Regional Access offers free professional telephone and online counselling 24 hours a day, seven days a week for people 15 years and older living or working in regional South Australia.</p>	+ i
<p><b>South Australian Parent Helpline</b> P: 1300 364 100 (freecall) The South Australian Parent Helpline is a telephone information service for parents in South Australia.</p>	+

## Find help with financial, farm and livestock

<p><b>24-hour Drought Hotline</b> P: 1800 255 556 Available for anyone who has questions relating to drought and their individual circumstances, what support is available, or concerns relating to animal health or welfare.</p>	☎
<p><b>Drought Hub - PIRSA website</b> W: <a href="http://pir.sa.gov.au/drought">pir.sa.gov.au/drought</a> Latest details and contacts on the wide range of services, events and avenues for assistance designed to support farm families, farm businesses and rural communities to prepare for, manage through and recover from drought.</p>	i 🚜
<p><b>Family and Business (FaB) Support Program</b> P: 1800 255 556   E: <a href="mailto:PIRSA.recovery@sa.gov.au">PIRSA.recovery@sa.gov.au</a> Family and business support mentors are available to meet, offer an informal chat or connect you to available support.</p>	+ 💰 🚜
<p><b>FarmHub</b> W: <a href="http://farmhub.org.au">farmhub.org.au</a> The National Farmers' Federation FarmHub connects Australian farmers with services and support during tough times, such as drought. There are FAQs to learn more about FarmHub, or explore the information and resources using the links.</p>	i
<p><b>Meat &amp; Livestock Australia</b> W: <a href="http://mla.com.au">mla.com.au</a> MLA has produced a range of guides and information collated by MLA to assist livestock producers as they head into, manage through and plan to recover from drought.</p>	🚜
<p><b>Natural resources and the environment</b> W: <a href="http://naturalresources.sa.gov.au">naturalresources.sa.gov.au</a> Natural Resource Management boards can provide technical advice and support on a range of farming and land management issues.</p>	🚜
<p><b>Rural Financial Counselling Service</b> P: 1800 836 211   W: <a href="http://ruralbusinesssupport.org.au/RFCs">ruralbusinesssupport.org.au/RFCs</a> Delivered by Rural Business Support, RFCs provides independent, confidential and professional business support and information for families and individuals involved in farming and small agriculture related businesses. If your farming family is worried about your financial situation, the RFCs is here to help – at no cost to you.</p>	💰
<p><b>Rural Research and Development Corporations</b> W: <a href="http://ruralrdc.com.au/news/drought-support-information/">ruralrdc.com.au/news/drought-support-information/</a> The Council of Research &amp; Development Corporations have compiled links and current support information for the agricultural sector during the drought.</p>	i
<p><b>Sheep Connect</b> W: <a href="http://sheepconnectsa.com.au">sheepconnectsa.com.au</a> Sheep Connect SA has a range of case studies, fact sheets and webinars to help sheep producers manage and plan to recover from drought.</p>	🚜
<p><b>Pest Control</b> W: <a href="http://farmerassist.com.au">farmerassist.com.au</a> The Sporting Shooters Association of Australia has developed a unique program called SSAA Farmer Assist. It provides farmers with easy access to qualified shooters to help them with their wildlife management and pest control duties at no cost.</p>	🚜
<p><b>PestFacts Newsletter</b> W: <a href="http://pir.sa.gov.au/pestfacts">pir.sa.gov.au/pestfacts</a> PestFacts Newsletter offers solutions, warnings and reminders for a range of invertebrate pests of all broadacre crops including cereal, oilseeds, pulses and fodder crops.</p>	i



# DROUGHT SUPPORT

## South Australian Guide for Drought Assistance

March 2019

Programs and services for South Australia	What assistance can be provided?	How much?	How programs and services help you					
			Help pay my bills	Low interest loans	Rebates and subsidies	Tax incentives and measures	Waiving rates and charges	General assistance
Accelerated Depreciation ATO Hotline: 13 11 42	Primary producers can access accelerated depreciation for new water and fodder infrastructure and fencing, including: <ul style="list-style-type: none"> <li>depreciation of water facilities and fencing over 1 year (previously 3 years)</li> <li>depreciation of fodder infrastructure storage over 3 years (previously up to 50 years)</li> </ul> More information: <a href="http://agriculture.gov.au/ag-farm-food/drought/assistance/tax-relief">agriculture.gov.au/ag-farm-food/drought/assistance/tax-relief</a>	Various				✓		
Australian Securities and Investments Commission (ASIC)	ASIC may be able to review fees or waive late fees that a company has incurred, or provide alternative payment options for companies affected by the drought and facing financial hardship. More information: <a href="http://moneysmart.gov.au">moneysmart.gov.au</a>	Various					✓	
Buy-a-Bale/Rural-Aid	Buy-a-Bale/Rural Aid delivers much-welcomed support in the form of hay and fodder drops, as well as financial assistance in the form of vouchers to drought-affected farmers and communities in South Australia and around Australia. To register for support from Buy-a-Bale, go to: <a href="http://buyabale.com.au/can-we-help-you">buyabale.com.au/can-we-help-you</a>	Various	✓					✓
Family and Business Support (FaB) Support Program 24-Hour Hotline: 1800 255 556	FaB Support Mentors can meet with primary producers or businesses affected by drought and offer an experienced and independent ear. If needed, the mentors can connect drought affected producers to appropriate programs or services. The program is free. If you or someone you know could benefit from an informal chat call the hotline, email <a href="mailto:PIRSA.Recovery@sa.gov.au">PIRSA.Recovery@sa.gov.au</a> or go to <a href="http://pir.sa.gov.au/drought">pir.sa.gov.au/drought</a> for mentor contacts.	nil						✓
Farm Debt Mediation: 1800 702 722	Farm Debt Mediation enforces a mandatory mediation process before a creditor is able to foreclose on a farming operation. This new service is managed by the Office of the Small Business Commissioner. The Small Business Contact Service can provide advice, or refer enquiries from small business owners and people considering starting a small business to access business information. More information: <a href="http://sasbc.sa.gov.au">sasbc.sa.gov.au</a>	nil						✓
Farm Household Allowance (FHA) Hotline: 132 316	The FHA provides eligible farmers and their partners who are experiencing financial hardship with assistance and support to improve their long-term financial situation. Recent changes to FHA includes - Asset threshold increased to \$5 million and extended to four years. More information: <a href="http://agriculture.gov.au/ag-farm-food/drought/assistance">agriculture.gov.au/ag-farm-food/drought/assistance</a>	Fortnightly payments (e.g. \$590 for single with children), plus \$12,000 per couple or \$7200 per single (provided over two lump sum payments)	✓					✓
Farm Management Deposits (FMD)	The FMD Scheme allows eligible primary producers to set aside pre-tax income from primary production in years of high income, which can be drawn on in future years. Primary producers can: <ul style="list-style-type: none"> <li>deposit up to \$800,000 in FMDs</li> <li>access their FMD early without losing their claimed taxation concessions if they are affected by drought</li> <li>offset the interest costs on primary production business debt (subject to banks offering FMD loan offset accounts).</li> </ul> More information: <a href="http://ato.gov.au/business/primary-producers/in-detail/farm-management-deposits-scheme">ato.gov.au/business/primary-producers/in-detail/farm-management-deposits-scheme</a>	Up to \$800,000				✓		
Managing Farm Risk Program	Rebates for advice and assessment on a new insurance policy to assist with drought and production risk. More information: <a href="http://agriculture.gov.au/ag-farm-food/drought/assistance/mfrp">agriculture.gov.au/ag-farm-food/drought/assistance/mfrp</a>	One-off rebate for half the cost incurred, up to \$2500			✓			
Multi-peril crop insurance	Stamp duty fees on multi-peril crop insurance have been waived for primary producers in South Australia. Multi-peril crop insurance covers production costs incurred by farmers if their crop fails due to a nominated peril, which in SA includes drought. For more advice reach out to your local Rural Financial Counsellor or agriculture/business consultant.	Various					✓	
On-Farm Emergency Water Infrastructure Rebate Scheme	The Australian and South Australian governments are offering a rebate to drought affected farmers who invest in urgently-needed on-farm water infrastructure. Eligible farmers can access a 25% rebate on new purchases and installation costs for on-farm water infrastructure to help them in the current drought and be better prepared for future dry conditions. Go to: <a href="http://pir.sa.gov.au/onfarm-water-rebate">pir.sa.gov.au/onfarm-water-rebate</a>	Up to \$25,000 (25% per cent) of purchase costs			✓			
Regional Investment Corporation – Drought, Farm Investment Loans	RIC provides low-interest loans with no fee, can apply at any time. Loans are aimed at supporting farming businesses to prepare for, manage through, or recover from drought. More information: <a href="http://ric.gov.au">ric.gov.au</a>	Loans up to \$2 million with variable interest rates (currently 3.58%) and no fees		✓				
Rural Financial Counselling Service (RFCS) – Freecall: 1800 836 211	Delivered by Rural Business Support, the RFCS offers independent, confidential and professional business support for primary producers and small related agricultural business owners who are experiencing financial difficulties. The service can help with information about FHA, RIC loans, Farm Debt Mediation and SACWA financial assistance applications. Support is also available to help people to prepare for lender meetings, plus business analysis and referrals to other services. More information: <a href="http://ruralbusinesssupport.org.au/RFCS">ruralbusinesssupport.org.au/RFCS</a>	nil	✓					✓
SA Country Women's Association (SA CWA) financial assistance	The SA CWA is working with Australian Red Cross and Rural Business Support to provide financial assistance of up to \$3000 to farmers in drought-affected regions. For information on eligibility and/or to apply, call Rural Business Support to talk to a Rural Financial Counsellor: 1800 836 211. More information: <a href="http://ruralbusinesssupport/RFCS/SACWA">ruralbusinesssupport/RFCS/SACWA</a>	Up to \$3000 over four weeks or towards specific debt	✓					✓
Salvation Army	The Salvation Army is delivering assistance on behalf of the Federal Government's Drought Community Support Initiative (DCSI). Financial assistance can be provided to assist with bills or as cash and vouchers. Personal support is also available through its network of Rural Chaplains. Go to: <a href="http://salvationarmy.org.au/about-us/news-and-stories/disasters-other-appeals/2018-droughts/">salvationarmy.org.au/about-us/news-and-stories/disasters-other-appeals/2018-droughts/</a> or call: 1300 551 030.	Up to \$3000 in cash and vouchers or bill payment. Can only apply once and from one DCSI provider	✓					
St Vincent de Paul (Vinnies)	Vinnies is delivering assistance on behalf of the Federal Government's Drought Community Support Initiative (DCSI). This initiative provides cash and vouchers to eligible recipients. Drought assistance is available to farmers, farm workers and farm suppliers/contractors in eligible local government areas. Call: 13 18 12 or go to <a href="http://vinnies.org.au/droughthelp">vinnies.org.au/droughthelp</a>	Up to \$3000 in cash and vouchers or bill payment. Can only apply once and from one DCSI provider	✓					
Tax deductions and write-offs ATO Hotline 13 11 42	Primary producers can access immediate deductions for the cost of fodder and storage assets. Instant asset write-off for assets less than \$20,000. Income tax or activity statement refunds can be prioritised. The ATO can also help by allowing for more time to pay tax debts without interest, or arranging for tax debts to be paid in instalments. More information: <a href="http://agriculture.gov.au/ag-farm-food/drought/assistance/tax-relief">agriculture.gov.au/ag-farm-food/drought/assistance/tax-relief</a>	Various				✓		
Telecommunication and Power Bill Assistance	Contact your telecommunication or power service providers, or a Rural Financial Counsellor, to assist with negotiations. Most of these services have hardship policies to allow people who are doing it tough to negotiate payment arrangements.	Various	✓					